

ALPINE NEWSLINE

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City Council Members Message

By Greg Gordon

An Alpine Christmas Tradition Continues



Many Alpiners have been gathering together at church on Christmas Eve since the 1850s. In recent years, several hundred people have continued the family tradition in many ward congregations—in addition to groups of families. According to one Alpiners who was raised here and is just the second owner of her 115-year-old home, the Christmas Eve Program was always great fun—with skits, musical numbers, and singing Christmas carols. This was always following by a living nativity, where the couple with the youngest baby portrayed the Holy Family. Then Santa Claus delighted the children as he burst through the door shaking jingle bells and carrying a big bag filled with small brown sacks of treats for everyone.

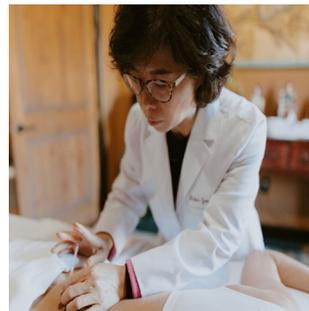


That tradition of giving brown sacks containing simple treats began in the 1930s while Alpine was suffering through the depths of the Great Depression. People here were so impoverished that Alpine's bishop realized most children would not have much for Christmas—and decided to try to somehow provide them a small gift at the Christmas Eve celebration. That special night, each child received a small brown bag full of nuts, candy and an orange. Giving small brown sacks with those same items has continued even to this Christmas.

ALPINE BUSINESS HIGHLIGHT OF THE MONTH

Blue Petal Foundation

Blue Petal Foundation is a non-profit organization that enables personal deep healing and self-transformation through Medical Qigong treatment and training. The Center for Deep Healing in Alpine is home to Blue Petal Foundation. Through the Center, Blue Petal Foundation offers instructional classes and certification training in Chinese Medical Qigong. Qigong is an ancient healing mind/body practice that has been integrated into many Western medical clinics and hospitals, including the Mayo Clinic. In China, it is a daily practice, a way of life for most citizens and is considered a preventative health care system. It is practiced daily in schools, universities and hospitals. Qigong is very adaptive and anyone in any condition may apply the breathing and simple movements to their own level or ability. The goal of Qigong is to correct bio-energetic imbalances and blockages. This enables the body to strengthen and regulate the internal organs, improve the nervous and immune systems, relieve pain, regulate hormones and release deep-seated emotions and stress. Blue Petal Foundation offers complementary therapeutic services including acupuncture, herbal medicine, massage, and dry salt therapy inside of a color changing salt cave. Center for Deep Healing is located at [40 West Main Street Ct Suite 100, Alpine, Utah 84004](#). Please visit Bluepetalfoundation.org or call 385-325-8777 to learn more or schedule an appointment!



A BIG THANK YOU!
From Alpine City



Two of our dedicated employees are leaving their employment with the City to spend more time with their families. We wanted to spotlight them and how they have helped the City.

DeAnn Parry

DeAnn Parry joined the City staff in July of 2015. She has had many responsibilities including accounts payable, managing City utility accounts, facility reservations, addressing questions/concerns of residents and various other duties. She learned things quickly and has always carried out her responsibilities to perfection. In 2018 and 2019, the City embarked on a major project to install an automated meter read system on both the culinary and pressurized irrigation systems. DeAnn worked through the integration of the new meter systems with our billing software, while still completing all of her normal tasks. She might be the only one that knows what effort this took! DeAnn will be missed, but we wish her well in spending more time with her family.

Ted Stillman

During the summer of 2018, the City Council asked that more time be dedicated to code enforcement. Previous to this time, code enforcement responsibilities were given as secondary responsibility to one of our staff members. The solution was to create a part-time position for a code enforcement officer. In the fall of 2018, the position was posted and some interviews were conducted. The job was still open as we considered our options when Ted showed up at City Hall one day and enquired about a job posting. Ted was previously the City Planner and eventually became the City Administrator, until October 2010 when he retired. In September of 2018, Ted was hired as the City's first dedicated code enforcement officer. He has been instrumental in establishing a structured code enforcement program, including the implementation of an administrative law judge to conduct hearings for appeals. Code enforcement is not an easy responsibility and Ted has handled cases in a professional manner. The City is a better place because of Ted's work! Ted is retiring (for the second time!). Congratulations to him on fully retiring!



LaMar & LaRene Drew celebrated their 70th wedding anniversary. They were married in the SLC Temple on December 4, 1950. Both LaMar & LaRene were born in Alpine, and still reside here. LaMar served in the Army, was a barber, earned his Ph.D. in education and once retired from being a school principal, became an electrician. LaRene worked at the Alpine Market, was a wonderful homemaker and an elementary school secretary. They have four daughters, Robyn Allred, (Wayne) of Beverly, Washington, Karrie Schmid, (Harry) of Sparks, Nevada, Lesa Mecham, (Dave) of Alpine, Utah & Camile Drew, (Brendan) of Salt Lake City, Utah. They have 18 grandchildren and 25 great grandchildren. They have a total posterity of 65.

CONGRATULATIONS!



Best of 2020 HCL Books

Coming first week of January!
Watch for details at the library
and on our website.

Winter Reading Challenge

Ages 0-18 and no registration is
required. Pick up information
from main desk. Get ready for
some great prizes. Program
goes until the end of February.

Local Author Event for Teens

January 11 @ 4:00 pm. Meet Sheila
A. Nielson. She has written 3 books
and her newest book is *Lifelike*.
Register on our website. This will be
a zoom class.

Library Programs

The Library will offer our regular
programs in January, but they may
still be virtual. Check the Library
website for up-to-date details.

Baby Bookworms for ages 0-2 Regular Story Time for ages 3-5 Jr. Explorers' Club

Thurs @ 4:00 pm for ages 6-8.

In Be Tween

Tues @ 4:00 pm for ages 9-12.

Parent/Child Book Club

January 20 @ 6:30 pm. The
book this month is *Roller Girl*
by Victoria Jamieson. Register
on our website.

YouTube Story Time

Watch this anytime! Letter of the
week, puppets, and music.

www.highlandcitylibrary.org

CLOSED January 18



CODE COMPLIANCE CORNER

by Ted Stillman, Code Compliance Officer

ANIMALS IN ALPINE

Residents often have questions about how to
deal with animal issues in Alpine. Here's a brief
explanation of whom to call about your request.

Animal control issues such as barking dogs, tres-
passing animals, or excessive smell from a
neighbor's animals are the responsibility of the
Lone Peak Police Animal Control officer. Call
801-756-9800, or email
tshadoan@lonepeakpolice.com. She will inves-
tigate each call. If she is not on duty, an officer
will respond. If the police department office is
closed, you may call the non-emergency dis-
patch number at 801-794-3970.

Animal zoning issues (number of animals, loca-
tion of structures, etc.) are the responsibility of
Alpine's Code Compliance officer. If your
neighbor is keeping 10 horses on his acre or
building a barn too close to your property line,
these are violations of the code. Call 801-756-
6347 x 114, or email tstillman@alpinecity.org.

All dogs are required to have a rabies tag and a
Utah County dog license on their collars. Licen-
ses can be purchased at most veterinarian's offic-
es, and at the Lone Peak Police Department in
Highland. There are no dog parks in Alpine, so
letting your dog fetch balls off-leash at
Creekside Park is not allowed.

Find other details about Animal Control on the
City's website (alpinecity.org) in the Municipal
Code, Chapter 13-200. Farm Animal information
is in the Development Code Section 3.21.090,
Farm Animals and Agricultural Regulations.

Emergency Preparedness

Weather an emergency or disaster keeps you at home or requires you to evacuate, you'll be better prepared to deal with the situation, and to help others, if you have adequate emergency supplies on hand. Water, food, and articles needed to maintain your body temperature and provide protection against the elements are the most important items to include. Also, certain individuals require prescription medications to sustain their lives. Consider creating two types of kits: one that has everything you need if you are required to stay in your home and a smaller lightweight version to take with you if you must evacuate. Both kits should include enough supplies to take care of your needs for at least three days. Workers and students should consider keeping a small kit at their place of work or school. For those who spend a lot of time in the car, keep a kit in the trunk.



Workers and students should consider keeping a small kit at their place of work or school. For those who spend a lot of time in the car, keep a kit in the trunk.

Recommended items to include in a basic emergency supply kit:

- Water—one gallon of water per person per day for at least three days, for drinking and sanitation.
- Food—at least a three-day supply of nonperishable food
- Radio—battery powered with extra batteries or hand cranked
- Flashlight—extra batteries
- First aid kit
- Whistle—to signal for help
- Mask—to help filter contamination air
- Shelter—plastic sheeting and duct tape
- Personal sanitation = Moist towelettes, garbage bags and plastic ties
- Wrench/Pliers—to turn off utilities
- Can opener—for food
- Local maps

Additional items to consider adding to an emergency supply kit:

- Prescription medications and glasses
- Infant formula and diapers
- Pet food and extra water for your pet
- Important family documents such as copies of insurance policies, identification, and bank account records in waterproof portable container
- Cash or traveler's checks and change
- Emergency reference material such as a first aid book or information from www.ready.gov
- Sleeping bag or warm blanket for each person. Consider additional bedding if you leave in a cold weather climate.
- Complete change of clothing including a long-sleeved shirt, long pants, and sturdy shoes. Consider additional clothing if you live in a cold wither climate
- Household chlorine bleach and medicine dropper—When diluted nine parts water to one part bleach, bleach can be used as a disinfectant or in an emergency you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added color.
- Fire extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates, plastic utensils, and paper towels
- Paper and pencil
- Books, games, puzzles, and other activities for children

***Submission of Information
to the Newline***

Due: 15th of the month

Email to bcooper@alpinecity.org