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Quad syndrome is not currently a known medical condition, although the St George's University study credited its existence. It makes sense that the syndrome can be explained as a reaction by the body to an emotional state in mind. The next step is to find this bond between mind and body, but so far this bond has proven rather elusive. It wasn't until the 18th century that research on the effects of the mind on physical illness began in earnest. European doctors looking at women's hysteria (previously thought to be the origin of it in urine), came to believe it was a medical condition that could be described as a reaction to a highly charged emotional state. Since then the severity of the investigation into psychosomatic conditions has been waxed and waned, although it has never been abandoned. Advertising psychosomatic conditions may be revealed in different ways. For example, it may be viewed as a mental disorder strongly, as in the case of a patient with Munchausen syndrome, where a person is convinced that he or she is ill to draw attention. While the symptoms are strongly in the patient's mind, they may feel quite real to him. It can also manifest as a result of fear or anxiety, as in disorder-turning, a mental state where your emotional distress physically suggests, as in a dancer who is afraid to go on stage developing paralysis [Source: Mayo Clinic]. But there is another way to look at psychosocial conditions that do not infer some kind of mental illness. In medicine it is widely accepted that the mind has a great impact on a person's health. In this sense, psychosomatic conditions can be as simple as stress that causes headaches or as complex as an introverted personality that contributes to the development of cancer. Studies of Lavinius have shown a correlation between disease and sensation. People diagnosed with panic disorder have a higher likelihood of abnormal electrical activity in their heart function, a study found. Others have shown that people who suffer from depression following major surgery are more likely to die than people with a positive attitude following the same type of surgery. But with the accumulation of research on solidarity between emotional states and physical illness, real links are still being investigated. Like Quad syndrome is evident: the mind affects the body. But science has never been a discipline satisfied with mere solidarity. Glands may be the best contender in providing a connection between body and mind. Scientists have long known that hormones play a role in both mood and physiology. For example,

