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Brain balance program for adults

We helped more than 40,000 children get to the root of their struggles. The most common problems reported to children and young people we work with are: Distraction and Attention Task Avoidance Attention Detail School Work Time Management Organization Impulsivity Mood and Behavior Sensory Processing Brain Balance followed by a child does not need to have a medical diagnosis, nor do they diagnose clinical medical conditions. Our focus is on understanding the struggles these children are going through and helping them develop and strengthen connections to help reduce those struggles. For those who have a diagnosis, 1 research has shown that the unique problems your child faces may be linked to poor connections in different parts of the brain. The good news is that we know that the brain can change in a way that can lead to improvements in these symptoms. The Brain Balance program is designed to help you uniquely strengthen exercises and activities and make new connections using a physical together, sensory, and cognitive activities. These new, efficient and effective connections in the brain lead to improvements in our ability to complete cognitive tasks and our executive functioning: Cognitive Tasks Executive Functioning Focus Memory Learning Understanding Reasoning How we manage: Behaviors and Emotions Organization Self-Motivation Problem Solving We use what we learn in Personal Assessment to adjust your child's program. By doing this separately for each child, we create a customized program that eliminates all shortcomings in the functions and skills your child may have. The frequency and duration of these tasks, activities, and exercises are adapted to your child's needs. See Developments in Your Child Parents reviewed before and after completing 5-6 months of education of their child's Brain Balance Program. The results showed that parents reported an average improvement of 40-60% in their children in the following categories:2 Parents Recommend Brain Balance On average, Customers surveyed rated their satisfaction at 8.2 on a 10-point scale.3 More than 85% of customers said they were likely to recommend Brain Balance to a friend or family member.3 We score 4.6 out of 5 in Google and Facebook comments.3 Do you have personal questions about your child's attention and attention? Difficulty? Our team is here to help you. Take a second to fill out our form. Our local staff will reach out to discuss your individual concerns! What I hope to achieve here is an

impartial review of brain balance. I know all about the energy ex out of trying to do what's best for your child. In 2015, I did thousands of hours of research to help my children, especially my middle child, who completed the Brain Balance program. In 2014, we, I saw the program and price tag, we did our due diligence to look at the program. This was not cheap (about \$10,000) and is not covered by insurance. This post contains linked links through the Amazon Associates program and any purchases made through such links (at no extra cost for you) will help defer the maintenance costs of this website. This is definitely separate from the Brain Balance franchise. Is Brain Balance a Hoax? This was frustrating for most people to find Brain Balance labeled a scam. These comments did not come from other parents who had completed the program. I wanted to hear from parents ... Is there an improvement in the program for your children? Did they think it was worth the hefty price tag? Was brain balance a golden ticket to help your kids? Impartial Reviews are hard to find when I reveal that several reviews discovered from other parents have seen the most improvement, although some are not as much as they are. I am given an objective review of Brain Balance by impartially revealing the benefits and drawn-ups of the Brain Balance program in an impartial way what I have done in this article, as well as offer some other tips. If you are a parent or care-taker looking into the Brain Balance program for your child, I hope you find this useful. Some Background My Son (now 8), has been diagnosed as developmental, speaking and gross engine delays around the age of 2. We saw signs of delays before this, but my daughter (now 10 years) was also a late walker and speaker (she had both 18 months and a bang) and we thought it might be the norm for our children. My son didn't crawl until 11 months, he walked in 16 months and didn't really talk until he was 3-3 1/2 years old. He had and has engine planning challenges. Now dispracy has an official diagnosis of a neuropsychologist, which is a brain-based condition that affects one's ability to coordinate and plan motor tasks. (we have this diagnosis a year ago when he was 7 years old). Shortly after his 4th birthday, we heard about Brain Balance. What we heard was new to us. We've never heard of primitive reflexes. Learning how preserved primitive reflexes can be a blockade of normal daily functioning and why your brain remains a baby brain-type state has been fascinating to us. We had heard about Brain Balance through a home school congress and the assessment was actually free for everyone who had been to the convention. Therefore, by making the initial assessment we decided that we had nothing to lose. Following the evaluation, we learned that our son maintains 5 of the test 8 primitive reflexes for brain balances. It blew us away, but it also gave us hope. There was a reason things were harder for him. After doing our research, we decided to bite the bullet and immerse ourselves in the program. We've drained our HSA and university savings. And he made it happen. If we hadn't removed these barriers, our son wouldn't even have college in his future. Nuts and Bolts of the Brain Balance Program Our Son Inc. was advised to complete 6 months (or 72 sessions). He went every Tuesday, Thursday and Saturday and completed one-hour sessions with his trainer. We were advised to adhere to a Gluten-Free, Milk-Free, Soy-Free, processed sugar-free diet. We did that, and we were strict about it for those six months. Some supplements were recommended. The main thing I remember is probiotics. As part of the program we did the exercises he did at home on the day we did not have a session with his trainer. Do I recommend the program to parents? That depends on your situation. If you already have a big boy who has tried a lot of interventions, this may be a good option for you. If money's not a problem, I can definitely tell you, do it. You'll be able to accomplish a lot in no time. It's not a magic pill. I know exercises take time at home. And dietary changes get jobs and preparation, not to mention an increased grocery bill and your child's possible resistance. Also, motivation can be a problem if you have a younger child. That was one of our biggest obstacles. Exercising for our son at home was a difficult job. If you're thinking how probably can't come without taking out 2 mortgages on this house!? ... I have some suggestions for other things to try first: 1) Primitive Reflex Integration: Find an OT (Occupational Therapist) who can help with primitive reflex integration. You will have to do research to find an OT that will work with your child to ask around and integrate primitive reflexes. We smoked three weeds before we got the weed my son now has. Its existing OT takes a more integrate approach and is covered by insurance. If I'd found him before his brain balance, we probably wouldn't have done it. It is important to remember that OT's is not all the same! Do your research! 2) Diet: Try some dietary changes first at home. The diet can be great for some children, especially children with sensory problems and digestive disorders. I'll warn you, this can be very difficult to navigate. 3) Vision Therapy: Sometimes look at vision therapy covered by insurance. Brain Balance has been a big part of it, at least for us, vision exercises. As far as I know, Vision Therapy exercises do not have the same type and more comprehensive (and under the supervision of an optometrist). * We are actually currently in the process of looking into Vision Therapy, this has been recommended by our son OT and Neuropsychologist. **Organized to add: Go here for information about vision therapy results. 4) Bio-Medical Interventions: Research biomedical interventions. Usually developmental delays or kiddos Problems have a detox problem and keep it on toxins, especially heavy metals. In retrospect, I wish we had done a detox protocol before the brain balance began. I think if we did this first, we'd see a more lasting change. For detox, I recommend looking into it and researching Advanced TRS. Please, I know this is my personal sales connection. If you want to know more, see this FB Group: TRS - Safe Heavy Metal Detox. There are other detox protocols. I just don't know them. 5) Brain Balance Home Program: Read Disconnected Kids from the book by Robert Melillo (founder of Brain Balance) and try to implement a home program. One great attraction of Brain Balance is that it covers most of the above. Makes it less overwhelming for a one-stop shop. Organized to add: Another source worth checking is the Dianne Craft Brain Integration Program. Dianne's website can be found here. Other Considerations is a franchise of Brain Balance. This isn't a medical institution. They give themselves to the classroom as a learning center. The coach your child will work with for each session is not a doctor or a certified therapist. He's an employee of Brain Balance. I'm just saying, our coach did a great job with our son. He also met with the director (very knowledgeable and competent) at the beginning of our child's six months of six months, once in the middle, then finally. If we could go back in time, would we do it again? This question is difficult to answer and to be honest, I go back and forth about it. It's not that it's important because what happened was done. However, my answer to this question is that someone realizes that the program may be important for research. I usually answer that question yes. We've seen major improvements over a six-month period. Most noteworthy, our son managed to integrate his 5 preserved reflexes in 4 (I must point out that he has won back his Moro reflex, though here). Understanding his listening when a 3.5-year-old was a 6.5-year-old, which was GREAT. We felt we could get to know our child better through the Brain Balance program, which is important. However, if I could go back to the top, when we first discovered all the delays of our son at the age of 2 or 3, then I would find an OT that does reflex integration and does heavy metal detox. Last Thoughts Last, I don't think Brain Balance is a hoax, but I don't think it's the only answer either. I really hope Brain Balance is useful for parents considering this impartial review program. If you have any questions, please feel free to contact me via the contact form on my page. Blessings for you on your journey with your child! And if you're feeling overwhelmed, please remember it's a marathon, not a sprint. Disclaimer: The purpose of this blog post is to give Go through a brain balance neutral review from someone who has experienced a child. I'm not a medical professional. Any advice you give here is based on your own and personal experience. Experience.

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