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Rock music news today

Photo: Shutterstock Whether you're a baby boomer or Generation Y, you'll probably like rock music. When you tell people what kind of music to like, you know that rock music is somewhere on the list, but nowadays it doesn't limit it that much. When you think about it, 'rock' can be anything from Blackbird to the Beatles to Bachman Turner Overdrive's Takin Care of Business to Korn's Freak on a Leash. But when you think about rock music, it's not just what kind of music you like, it's lifestyle. If you're the kind of person who likes the mosh pit of the melvins show, or would you rather sit next to a fire playing your acoustics while all your friends play Quinn Eskimo? We know what we really want to know, what a good air guitar you really are? Either way, you know you're in rock and roll and you don't have to wear leather pants and throw devil horns to prove it, but hey, it can't hurt. Take this quiz and find out what kind of rock music you are. TRIVIA MEDIUM 97% of people can't guess all these hit rock & roll music videos from just one image! Can you? 7 minute quiz 7 min personality Answer these questions and we guess which genre of music is your favorite 5 minute quiz 5 min PERSONALITY Which thrash metal song is really your theme song? 6-minute quiz 6 min TRIVIA Can you name these 1950s Rock & Roll songs from their opening lyrics? 6 minute quiz 6 min TRIVIA Can you match a classic rock band to their hit? 6 minute quiz 6 min TRIVIA How much do you know about female rock singers? 6 minute quiz 6 min PERSONALITY How dark is your personality according to your musical preferences? 5 minute quiz 5 min TRIVIA How well do you know the performers of the 2019 iHeartRadio Music Festival? 6 minute quiz 6 min TRIVIA Do you recognize these Rock 'n' Roll icons? 7 minute quiz 7 min personality Can we guess your favorite performer at the 2019 iHeartRadio music festival? 6 minute quiz 6 Min How much do you know about dinosaurs? What is octane classification? How do I use a real lift? Lucky for you, HowStuffWorks Play is here to help. Our award-winning website provides reliable and easy-to-understand explanations of how the world works. HowStuffWorks Play offers everyone something from fun quizzes that bring joy to your day, immersive photography and fascinating lists. Sometimes we explain how things work, other times we ask you, but we always explore in the name of fun! Because learning is fun, so stay with us! It's free to play the quiz! We send trivia questions and personality tests every week to your inbox. By clicking Sign Up, you agree to our Privacy Policy and confirm that you are 13 years of age or of prison age. Copyright © InfoSpace Holdings, LLC, System1-yritys 'One Scotch, One Bourbon, One Beer' by the great great Amos Milburn. Jimmy Buffett's Margaritaville: Anyone who can listen to it without wanting to dance feverishly and set their hair on fire is a rock! Scotch and Soda: There is no more limp drinking song, although the Kingston Trio sang it. And lastly, Slim Gaillard's bartender is like a mother to me. —Dale DeGroff, author of The Craft of the Cocktail and president of the Museum of the American Cocktail I have quite a few favorites, but I narrowed down my choice to two male soloists, two women and one instrumental. Alone Together' by Gary Williams, a young British singer whose gentle voice fits perfectly into the standards. I can hear the glasses seeing in the background as I put this on. John Proulx's 'Moon and Sand' is a great showcase for this singer, who puts his fresh tour into classics and also writes his own original music. Shirley Horn's Here's to Life, featuring delicious orchestrations by Johnny Mandel, is one of the most complete albums ever made. His song is resentive, wise and earthy, and the languages go straight to the heart. Rosemary Clooney and Nelson Riddle's Rosie Solves a Rocking Riddle is one of my all-time favorites. I finish jazz pianist Beegie Adair with I'll Take Romance, a wonderfully understated instrument whose interpretations of standards are absolutely brilliant. Michael Feinstein, singer and pianist I listened to these 25 years ago when I first became legal. They are still great drinking songs: 'My Generation', The Who; around, Ray Charles; Too much fun, Commander Cody; Frog of Peace, Doors; And 'Mix it up', Bob Marley. Chris Weld, owner, Berkshire Mountain Distillers Floating in the Night by Julee Cruise. I only have eyes for you through Flamingos. Staring at the sun on tv. Cheree by Suicide. Velvet Underground Sunday morning. Moby, pop star Big Butter and Egg Man of all prohibition references, and because there's nothing better to drink than jazz, especially Mr. Armstrong's horn. Bessie Smith's Me and My Gin blues are perfect for a late-night sip. Mae West's They Call Me Sister Tonk, which reminds us that a woman and her whisky can be so sexy. Sloe gin sparkles with Loretta Lynn in Portland, Oregon. Dean Martin and Helen O'Connell's dawn egg cocktail: How do you like your eggs in the morning? —Lenell Smothers, owner of LeNell's Ltd.: A Wine & Spirit Boutique, Brooklyn Here's my recipe for the perfect night: Walk in the door, kick off your shoes and launch Nick Lowe's 'Time I Took a Holiday' - the perfect easy groove at the end of a stressful day. Once the drinks are poured, follow Kinksin Waterloo Sunset. Plant yourself in your deepest armchair. John Hiatt's bittersweet sunset of lipstick. Do you feel a little melancholy? Enjoy Elvis Costello's dark but endeaturation with Favorite Hour. If your state of mind is calmer, play his wife Diana Krall's bluesy 'Stop This World'. Then samba into the kitchen for Paul McCartney's Bluebird and enjoy cooking. —Holly Hughes, editor of the annual Best Food Writing series, my MP3 player has 5,000 songs, but these look just right: the touch of Your Lips by Tony Bennett and Bill Evans. Let's do it, Louis Armstrong's version- you need to get Cole Porter on the list. "S Wonderful by Diana Krall" — Gershwin and Krall are the perfect combination. Blossom Dearie's Manhattan - you can't enjoy cocktails without Manhattan, even in New Orleans. Nat Cole's 'Route' 66 – his vocals, tempo, rhythm just make it a happy hour every time for me. —Chris McMillian, bartender at Renaissance Pere Marquette's Bar Uncommon in New Orleans You need to get something from the bossa nova canon, can't you beat Stan Getz and João Gilberto's Getz/Gilberto. It's a girl from Ipanema, but I love Desafinado. It's a cliché, but you must have had Sinatra. Nothing says you've made it better until the end of the day than Just Lonely Ones, September of My Years or The Wee hour. And then the album European Concert 1960 by the modern jazz quartet. This combination of piano, bass, drums and vibraphone has a crystallized sound that makes me feel like I'm in a stylish old hotel lobby. Charlie Rich's 'Behind closed doors': He sings country music in the same way as a soul singer. Later in the evening at Julie London's Home/Around Midnight. —Tom Moon, who has written 1,000 recordings for questioning before you die This content was created and maintained by a third party and will be brought to this page so users can provide their email addresses. You may be able to find more information about this and similar content piano.io Published 4 January 2021 Despite our best intentions and efforts, making mistakes is a fact of life. People are prone to mistakes, so we inevitably screw up at some point, which is why it's so important to learn to apologize. Many of the slips we make have no effect on those around us, but what about the times when they hurt someone else, either unintentionally or intentionally? Are we ignoring the error and hoping it will disappear on its own? Do we face a mistake, no matter how painful, and apologize? How we react to our mistakes determines both who we are and how others hold us. I'm a voice and presence coach who specializes in educating people to find their voices and speak the truth. One of the hardest tasks I teach my students is how to apologise authentically. It's going to take a lot wrongs, and even more so to ask for forgiveness and make amends. (After all, we live in a world where some of our top leaders openly avoid taking responsibility for their mistakes.) However, like everything else in life, if you ignore something painful instead of encountering it, the pain tends to grow and appear in other parts of your life. How do you apologize effectively? Technically, there is no one correct way, but there are plenty of inefficient ways to apologize. I approach this from the point of view that we are genuinely remorseous and want to make up for the pain we have caused. Just saying the words I am sorry is easy, but it is important to correspond to the purpose behind your words. An apology authentically, once you've made a mistake- a statement of remorse based on your truth - is more complicated, and that's what we're going to cover here. To make a genuine apology in which your truth and true feeling support your words, I refer to a practice that a friend introduced to me several years ago: hawaii's Ho'oponopono prayer. I'm no expert on the history of this prayer, but after thinking about it for several years, I've learned that this practice of reconciliation and forgiveness is incredibly powerful. Ho'oponopono means to fix or fix an error. What sets this prayer apart is not a focus on managing a particular outcome (that is, improving the injured relationship you have with this person), but instead focusing on improving yourself to improve the situation. It's completely simple and turns around like this: I'm sorry. Please forgive me. Thank you. I love you. Everything we need to apologize for is in this prayer. Divide the structure of the apology into these 4 concrete steps before, during and after the apology. Before apology 1: I'm sorry What are you sorry about? Before you start talking and leading with a pure sense, it's important to really figure out what you're sorry about:Start by writing down the facts When you write this, avoid judging the scenario, or making assumptions about the person affected by your mistake; Do you really stick to straight facts? Throw the whole situation to the page, without leaving any small details.Ex. You had a hard time with the problem. I responded very bluntly in my feedback and saw the tears in your eyes. Ex. you came to me with a problem. I answered the email on my phone and didn't answer much because I was upset. I looked up and I saw the tears in your eyes. You walked away. Only write your part in making this error in your bet on the error. Avoid writing about anyone else, even if they are part of the reason for the error. Just focus on what you did that you know helped create I think I gave you feedback that you weren't interested in hearing, and I think my mistake was to assume that you'd be better off if you heard what I was supposed to say. Ex, I wasn't fully there to listen to you when you were in need. I think my mistake was to keep working on my phone while you were talking, instead of saying I needed a moment to finish what I did first, or just put my phone down so I could listen. Ask yourself how you feel by grounding yourself into my truth I teach my clients a process called voice body connection process that starts by grounding yourself on your physical emotions. This process will help you find your voice and speak your truth objectively, even if you have strong feelings at this time. Identify the physical sensations you feelNow that you've relived the experience of making a mistake by writing it out, tuning into your body and asking yourself: What's the strongest feeling I feel in my body right now? Don't remember to keep this body-based. As you prepare to apologize, considering your feelings will help you ground yourself into how you feel so you can show up. Identify why you think you know these feelingsNow that you have identified the primary sensations, ask yourself the following question: What I think is the stimulus that made me feel this feeling? This is probably a very simple statement that you have already written. That's the heart of it. I spoke inappropriately to a friend. Ex, I didn't care about my friend when they were in trouble. Identify your feelingsNow you know why you feel these physical sensations, go to recognize your feelings. Ask yourself: What are my feelings without all this being noticed? Some primary emotions are fear, anger, sadness, disgust, joy and arousal.Ex. I'm sad that I crossed my friend's boundaries. I'm sad and frustrated that I hurt my friend's feelings. Identify your ideal outcomeY your feelings are linked to your desire for a future outcome. Ask yourself: Do I have hopes related to everything I just noticed? Examples of core desires include safety, comfort, bonding/love and curiosity/growth.Ex. I want to apologize so we can be close again and improve our relationship. Make sure you really want to reconnectIf you don't feel safe with him, there's no reason to apologize and reconnect. However, if you feel safe and comfortable with them and want to connect again, you can move on to the next stage of ho'oponopono prayer. ApologyStep 2: Please Forgive MeYou has no intention of sharing everything about your above process with your friend. You share your confession of the pain you have caused, your part in creating the situation, and your desire. it's also very important to be clear that you're just telling the truth and not commenting on their side. It's their job. To use this script, fill in the above observations:I I think, &It; a simple= statement= about= what= happened=>that happened

between us... And I think my mistake was <insert your= part= here=>... And I was left feeling <insert your= emotions=>... And moving forward, <insert your= desires=>'d like to. I think I gave you feedback that you weren't interested in hearing, and I think my mistake was to assume you'd be better off if you heard what I was supposed to say. I'm sad I crossed your line. In the future, I want to apologize, be close to you again and assure you that I will ask permission in the future before giving feedback. Ex, I wasn't fully there to listen to you when you were in need. I think my mistake was to keep working on my phone while you were talking, instead of saying I needed a moment to finish what I did first, or just put my phone down so I could listen. I'm sad that I hurt your feelings. Going forward, I would like to apologise, be close to you again and assure you that I will be more present in the future, or tell you that I need a moment to finish what I am doing so that I can be present. Once you've shared it, stop talking about yourself. That's all you had to say to get the conversation going. Start listening and be curious. Ask open questions about their experience, such as How did it feel against you? When you talk, tell them you can hear what they're saying and acknowledge your influence. Step 3: Thank you Once you've expressed yourself, leave room to see how you've had an impact on the person. Understand that the reaction may not be what you expect or wish for. An apology is about concentrating another experience, not focusing on yourself. Now that you've asked others about their experience, it's quite possible that they're saying things you don't want to hear. You may feel defensive or even angry. Such a stressful situation can also trigger a Fight or Escape mode in your body: you may find that you start sweating, pupils narrow, that your eyes are tearing, or that you are starting to experience tunnel vision. This is normal. You can help make sure this isn't, become genuinely interested in what their experience has been. Don't listen to me. Listen to me get in touch and understand. Thank them for everything they've said and for being in your life. Even if they say something you don't like about hearing, thank them anyway for sharing the truth about their experience. This isn't easy, but it's a necessary step towards your own healing at Ho'oponopono.</insert> </insert> Moving forward after an apologyStep 4: I Love YouLet's says you're really in a place where the relationship you have with another person can be fixed. I love you to arouse curiosity: how can you fix and reconnect? How can things look different going forward? Come up with something you can do to connect with each other, express and experience your love, appreciation or respect for each other. Make a plan for how to proceed. Continue training from step 3, make a list of things you are grateful for for another person. We don't often stop to share how much we value each other, and it feels as good to share appreciation and gratitude as it does to have it. This last part of prayer is not just for the other person affected by your mistake. It's also for you, making sure you get better and able to move on from the mistake. It is easy for many of us to beat ourselves up and hold on to guilt or even shame at the mistake we have made, even though we are genuinely remorseous and have tried to rectify actions. Continue to repeat the entire Ho'oponopono prayer to yourself after the encounter: I'm sorry. Please forgive me. Thank you. I love you. Maybe you're apologizing to yourself for hurting yourself unintentionally, too. Bottom Line When we speak our truth as an apology, we fully appear in our truth without expecting anything from other individuals or trying to encourage them to behave in a certain way. While we can't influence or control the outcome of the apology, no matter how remorseous we are, after Ho'oponopono can guide us to real repair and healing. If you're stuck finding the right way to reconnect and apologize to someone in your life, I hope you'll find yourself inspired to take the first step to get things right. Learn more About How to ApologizeFeatured Photo Credit: Gus Moretta unsplash.com unsplash.com

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