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## Elite hockey camps montreal

July 22 nd 26th to 8pm to 5:00am School offers boys and girls from Novice to Pee wee Levels the opportunity to develop all areas of their game, including skating, puck handling, shooting, and off-ice power and conditioning with their Montreal Canadiens. The Canadiens Hockey School is divided into two programs; The recreational program for children who enjoy the game of hockey and wants to live a truly magical week with members of Montreal Canadiens and the Elite Program, which focuses more on developing individual skills. (AA, BB and CC qualified players only) Montreal Canadiens Hockey School will be held at the Bell Sports Complex. Camp will start every day at 8:00 AM and end at 5:00 PM. (exact daily schedule yet to be determined) Lunch is included. 8000, Boulevard Leduc Brossard, Quebec J4Y 0E9 Hockey School: Elite Summer Hockey School JULY AND AUGUST - consecutive 6 weeks program L-V 12 players / 2 goalterders (maximum)Elite Atom (Double Letters) / Elite Pee Wee (Double Letters) / Elite Bantam & amp; Midget (Double Letters) / Houseleague 1.5hrs of ice time / 1hr of off-ice training per day ELITE GIRLS SUMMER HOCKEY SCHOOL JULY - L-V 12 players / 2 goal Tenders (maximum) ELITE CHRISTMAS 1 WEEK CAMP DECEMBER / JANUARY – 5 Day Session Elite Atom (Double Letters) / Elite Pee Wee (Double Letters) / Elite Bantam & amp; Midget (Double Letters) / Houseleague1.5hrs of ice time / 1hr of off-ice training per day Elite 1 Week March Break Camp FEBRUARY / MARCH – 5 Days SessionElite Atom (Double Letters) / Elite Pee Wee (Double Letters) / Elite Bantam & amp; Midget (Double Letters) / Houseleague 1.5hrs of ice time / 1h of off-ice training per day DEFENSE CLINICS Defense specific training throughout the year. Small groups of 4-6 on ice per session. FORMING SMALL GROUPS AND TEAM On ice training for small groups or teams. Nick addresses your needs using specially designed exercises tailored for success 1 ON 1 PRIVATE TRAINING Lessons available for players from underage to professional VIDEO ANALYSIS PROGRAM TAKE YOUR GAME TO THE NEXT LEVELUpload your shiftTechnical and tactical breakdown by adding notes and tistrations45 minutes individual meeting with Nick Orlando to discuss and analyze our program is designed specifically for players who want to put extra attention on development (practices & amp; training). The training is geared towards elite players and focuses on individual skills development, team concepts and off-ice training. APRIL / JUNE Saturday Novice Leagues / Atom / PeeWee / Bantam / Midget Includes: NHL inspired locker rooms w / TV & amp; WiFi Pucks and water bottles Hockey T-shirts and socks 60 minute Music games during warm-ups and make-offs Complete team & amp; individual coverage statistics JUNE / JULY / AUGUST Saturday Nights (. MIDGET AAA) Sunday (QMJHL, JR A. NACA, USHL) 6 Team Leagues Includes : NHL inspired locker rooms w/TV & amp; WiFi Pucks and water bottles Hockey T-shirts and socks Full 60 minute Music games during warm-ups and make-offs Complete team & amp; individual statistical coverage September to July, except February 29th - March 4th Monday, Mar, Rid, Thursday & amp; Fri from 11am - 12pm Ages 16 + Fully Needed Equipment Goalkeepers Free 12 Player Maximum Powerskating Clinking Adult Clinics Lern at Skate Clinics Specific Poker Tournament Training Program Montreal Junior Development is designed to provide players with an opportunity to enhance their individual skills in a positive, learning environment. The main focus of the program is centered around on ice fundamental skills, balance, edge control, puck control, passing and photography. This program includes 3 hours on ice per day: - 1 hour of POWER SKATING - 1.5 hours of drill puck - 30 minutes scrimmage Family and friends are invited to come watch Friday full ice game. Date Location June 29-Jul 3 LCC arena, NDG Jul 6-10 LCC arena, NDG Jul 13-17 LCC arena, NDG 20-24 LCC arena, NDG 27-31 LCC arena, NDG Aug 3-7 LCC arena, NDG Aug 26-28 (3 days only) LCC arena, NDG Hockey Montreal Senior Program is designed for the more accomplished player who is ready to participate in several game-like situations. The refinement of individual skills and an introduction to individual tactics is the focus. Small space games are used to help players understand the appropriate offensive and defensive responsibilities. This program includes 3 hours on ice per day: - 1 hour of POWER SKATING - 1.5 hours of drill puck - 30 minutes scrimmage Family and friends are invited to come watch Friday full ice game. Date Location June 29-Jul 3 LCC arena, NDG Jul 6-10 LCC arena, NDG Jul 13-17 LCC arena, NDG 20-24 LCC arena, NDG 27-31 LCC arena, NDG Aug 3-7 LCC arena, NDG Aug 10-14 Edouard-Rivet Center (LCC Leaf Bus at 8:00am + returns at 17:30 from MTL-EST) Aug 17-21 Edouard-Rivet Center (LCC Leaf Bus at 8:00 + Returns at 17:30 from MTL-EST) Aug 26-28 (3 days only) LCC Arena, ndg our Forward Elite Camps focus on advanced skating techniques and puck skills. Before they are taught to read and react effectively to different offensive and defensive situations. Here are some of the individual tactics that will be covered: Puck Protection Support Triangle Attack 1 vs 1/2 vs 1 Creating a line of passage Reading the Contact Body Gap This program includes 3 hours per ice per day: - 1 hour of POWER SKATING - 1.5 hours of puck drill - 30 minutes small space games family and friends are invited to come watch Friday full ice game. Date Location June 29-Jul 3 LCC arena, NDG 6-10 LCC arena, NDG 13-17 LCC arena, NDG 20-24 LCC arena, NDG 27-31 LCC arena, NDG Aug 3-7 LCC arena, NDG Aug 10-14 Center Edouard-Rivet (Bus leaves LCC at 08:00 + returns at 17:30 from MTL-EST) Aug 17-21 Center Ed ouard-Rivet (Bus leaves LCC at 8:00 + returns at 17:30 from MTL-EST) Aug 26-28 (3 days only) LCC Arena, ndG our Defense Elite Camps focus on advanced skating techniques and puck skills. Defenseman are taught to effectively read and react to different offensive and defensive situations. Here are some of the individual tactics that will be covered: Gap control Puck protection 1 vs 1/1 vs 2 transition play goal positioning part Body Contact Escape moves This program includes 3 hours on ice per day: - 1 hour of POWER SKATING - 1.5 hours of puck drill - 30 minutes small space family games and friends are invited to come watch Friday full ice game. Date Location June 29-Jul 3 LCC arena, NDG Jul 6-10 LCC arena, NDG 20-24 LCC arena, NDG 27-31 LCC arena, NDG Aug 3-7 LCC arena, NDG Aug 10-14 Center Edouard-Rivet (Bus leaves LCC at 08:00 + returns at 17:30 from MTL-EST) Aug 17-21 Center Edouard-Rivet (Bus LCC leaves at 8:30 Am + returns at 17:30 from MTL-EST) Aug 26-28 (3 days only) LCC Arena, NDG Not all high hockey players have what it takes to make the NHL list. It takes more than dedication, passion, and motivation to get there. You need high performance hockey training to reach the greatest potential. Why Apex Skating? We're not at all like the other boys. Our programs do more than teach high-performance hockey. We use the latest moving motion Exercise science, and digital technology to help our athletes excel on ice and sports master. Who can benefit? We work with hockey players of all levels, including professional NHL athletes to achieve optimal hockey performance. If you are an AA or AAA player who has what it takes but wants to develop your skills further, our program will help you improve the skills you need to reach the next level. See some of our testimonials here. Driven results We've helped thousands of athletes improve their footwork, stick handling, and trust through our hockey camps. Our Montreal athletes will learn advanced skills in puck handling, power skating, agility, and responsiveness, in addition to maintaining proper balance and posture for better performance. You can learn more about our programming specifics by contacting us directly. Low coach-to-player training reports from hockey experts and scientists safe and structured environment Fun and positive atmosphere Advanced movement technologies highly experienced Coaching Personal trainers experts and coaches include some of the best in the industry. The Apex Skating team is made up of a multitude of industry professionals, elite hockey players and scientists. With years of coaching under their belts, you get training, support, and encouragement you need to refine your advanced skills and master new ones. What is included in our training on ice includes intensive power skating and skills development sessions. We have also teamed up with CCM to provide our students with some of these added advantages: Branded CCM Jersey Limited Edition Branded Adidas Hat Exclusive On-Ice Product Demonstrations from CCM the chance to be professionally equipped by the CCM hockey team Our high performance Location Hockey Development Camp in Montreal uses Pierrefonds Sportplex. Offering four ice rinks and a variety of other services. Sportplex is renowned for its exceptional ice quality, cleanliness and services. Are you ready to learn the skills needed to master hockey as a professional? Register today to secure your place in one of our high-performance hockey development camps in Montreal for 2020. Montreal.

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