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Photo: amazon.comBamboo may not be the first material that comes to mind when you think about sheets. But bamboo has some unique properties, including ultra-softness and moisture-draining ability that make it an excellent fiber for bedding. The best bamboo sheets are made of bamboo vegetable fibers and sometimes contain a mixture of materials such as cotton or microfiber. Follow this guide to find some of the best bamboo bed sheets. Photo: amazon.comTypes of bamboo sheetsThere are several different types of bamboo sheets, including a 100 percent mixture of bamboo and bamboo. Keep these key differences in mind when shopping for the best bamboo bed sheets. Bamboo ViscoseBamboo viscose sheets, also known as bamboo rayon, are the most common type of bamboo sheets. These 100 percent bamboo sheets are very soft and smooth. Bamboo lysis drains moisture from the body, keeps you cool and will not cause allergies, because it is hypoallergenic. Although bamboo itself is a natural material, it usually goes through a chemical process before becoming a set of soft sheets. Bamboo plant fiber (cellulose) is soaked in a chemical called carbon sulphide, filtered, and yarn into yarn that is woven into sheets. Bamboo ModalBamboo modal sheets are made from a similar process as bamboo viscose sheets, but pass an extra step that stretches the fabric. This results in a lighter fabric made of stronger fibers. Although the modal is very soft, sometimes it is too thin for bedding. Bamboo LyocellBamboo lyocell is a balanced fabric made of bamboo mandi some. Sheets made of bamboo lyocell are environmentally friendly and made using non-toxic processes. They are comparable to 100 percent bamboo sheets in terms of softness and comfort, but lyocell is stronger and produced without harmful chemical by-products. Raw bamboo linen FiberRaw bamboo fiber bedding have the appearance of flax and some of the comfort of bamboo. However, they are not the most delicate choice on the market. These balanced sheets are made using the same extensive manufacturing process that is used to produce conventional linen sheets. In addition, like flax, they tend to wrinkle quite easily. Bamboo BlendSheets made from bamboo blends are not as soft as their 100 percent bamboo counterparts, but they tend to be stronger and cheaper. This is because they contain cheaper fabrics such as cotton and polyester. When shopping for bamboo sheets, it is important to take into account the softness, texture, breathability, size and ease of care among several other factors. Unlike other types of sheets, the number of threads is not so critical, because bamboo sheets are Soft. Keep the following in mind when shopping for the best bamboo sheets. Softness and textureBamboo sheets are known for their softness. Options 100 percent bamboo have a characteristic smooth and silky consistency. Other types of bamboo bamboo such as mixtures, may have a slightly different character and may not be as soft as clean bamboo sheets. Weave Weave affects the appearance and appearance of sheets. The most common saves are sateen and oblique, which each has different textures. Sateen is smooth and silky, but is more likely a pill. This weave also seems to be more expensive and requires additional maintenance, because the fabric is so delicate. Oblique is soft and durable with a flatter appearance than sateen. This weave usually takes longer and requires less maintenance. Since oblique is a looser weave, it is more likely to shrink. If you go with oblique, opt for preshrunk sheets. CountThread count measures the number of threads in a square inch of fabric. Bamboo sheets usually pack from 200 to 400 threads in square inch. Since bamboo is naturally soft, you can get bamboo with fewer threads and expect the same softness that you get from cotton with a higher number of threads. Breathability and Moisture-WickingBamboo is a lightweight and breathable material. When you sleep in bamboo sheets, you are less likely to wake up sweaty in the middle of the night. Bamboo sheets also ensure moisture drainage. This means that they draw moisture from the body to keep you cool and dry all night long. If you are looking for sheets that will keep you cool on hot nights and warm on cold nights, consider bamboo. Size and FitBamboo sheets are available in different sizes to fit standard and deep mattresses, but it is smart to confirm accurate measurements of the sheet set before purchasing. If you have a mattress that is thicker than 12 inches, look for deep pockets equipped with sheets. Bamboo sheets are usually pre-shrunk or slightly larger to allow shrinkage after the first wash. The ease of CareBamboo sheets are easy to care for, but take a look at the care instructions on the sheet you set before committing. Usually you will wash them in cold water to preserve their texture and color. Avoid using any harsh chemicals, such as bleach, that could damage the delicate fabric. There is no need to use fabric softeners or dryer sheets, as bamboo is naturally a soft material that becomes softer after each wash. If space allows, they can be dried with air to preserve sharp colors and prevent shrinkage, but it is also good to dry them in a tumble dryer at a low level. Our top picks From pure bamboo sheets to blends, here are some of the best bamboo sheets on the market. Look and choose your favorite set of sheets to add it to your bedroom. Photo: amazon.com These soft and silky sheets are made from 100 percent organic bamboo viscose grown in a free-to-air environment Chemical. Breathable design is odour resistant and helps regulate body temperature to provide you with comfort in any climate. Weave 400 threads is softer with each wash. This four-piece sheet set includes one sheet that can hold mattresses up to 16 inches one flat sheet and two pillowcases, all of which can be washed in a washing machine. Photo: amazon.com These clean bamboo sheets are made of durable weave fabric with 300 threads for a soft, smooth and silky feel, even after a few washes. The thermoregulating and moisture-wicking properties of these sheets provide a cool and comfortable night's sleep at any time of the year. These hypoallergenic, antibacterial sheets are a good choice for people with sensitive skin. This four-piece set of clean organic sheets includes one 16-inch deep sheet with pocket, one flat sheet and two envelopes with overlapping closures. Machine wash or hand wash in cold water and dry in a low-level tumble dryer. Photo: amazon.com This soft bamboo blend offers some of the same breathability, moisture removal and temperature control as its more expensive counterparts. The organic blend of bamboo viscose and microfiber is wrinkle-resistant and fading resistant. It is also antibacterial and hypoallergenic. The inexpensive sheet set includes one flat sheet, one 18-inch deep pocket sheet to accommodate tall mattresses, and four pillowcases. Wash these sheets in cold water in a gentle cycle and dry in a low-level tumble dryer. Photo: amazon.com These soft and silky sheets are made of 100 percent bamboo viscose with 400 threads, soft sateen weave and smooth texture. They are very soft and still light and breathable. Eco-friendly sheets are also thermoregulatory, odor-resistant and hypoallergenic. This four-piece sheet set includes one flat sheet, one with a sheet with a very deep pocket and two pillowcases. Machine wash in cold water and dry in a tumble dryer over low heat. Photo: amazon.com These soft and smooth cooling sheets are made of pure 250-threaded bamboo viscose. They have the ability to thermoregulate and drain moisture to keep you cool and dry while you sleep. This four-piece washing machine washable sheet set includes one flat sheet, one 16-inch sheet with a deep pocket and two pillowcase-style envelopes. Photo: amazon.com This set of sheets of bamboo cotton blend is made of 55 percent natural bamboo viscose and 45 percent pure cotton in a 300-thread percale weave. These sheets combine the softness and breathability of bamboo with the durability of cotton. Their quality and consistency is similar to flax. This sheet set includes one flat sheet and one 16-inch deep pocket sheet. To take care of these sheets, wash in a washing machine separately in cold water in a gentle cycle, and dry in a low-level tumble dryer. Photo: amazon.com These eco-friendly sheets are naturally soft, breathable and environmentally sustainable. They without any harsh chemicals. They are thermoregulating and moisture-absorbing, so they pull sweat away from the body and dry out quickly. These sheets with 300 threads are also antibacterial and wrinkle resistant. Organic sheet set one flat sheet, one 15-inch deep sheet with pocket and two pillowcases. To clean these sheets, wash in a washing machine in cold water in a gentle cycle and hang until dry or dried in a low-level tumble dryer. Photo: amazon.com These soft and breathable bamboo and microfiber sheets are resistant to wrinkles, stains and odor. They are equipped with regenerated rayon cellulose fiber, which helps regulate heat and wick away moisture, providing a cooler and more comfortable night's sleep. They are also hypoallergenic, making them a good choice for sensitive skin. This set of sheets comes with one 16-inch deep pocket fitted sheet, one flat sheet, two pillowcases, and a zippered tote. Wash in cold water and dry in a low-level tumble dryer to prevent looting. The advantages of having bamboo sheetsBamboo have many advantages, which make them a convenient and balanced choice for your bed. Bamboo sheets provide soft and silky comfort, even after a few washes. Bamboo sheets help regulate body temperature to keep you cool in summer and warm in winter. Bamboo sheets are resistant to stains, antibacterial and can reduce allergy symptoms by reducing the humidity that mites and other allergens must develop. Frequently asked questions about bamboo sheetsNow that you have examined the best sheets of bamboo in each category, it is worth reviewing these important bamboo sheets FAQs.Q. What is a good number of threads for bamboo sheets? When buying sheets of bamboo, look for the number of threads, which is from 200 to 400. Since bamboo is naturally a soft material, bamboo sheets can have a much smaller number of threads than cotton sheets and still feel softer.Q. How to wash and care for bamboo sheets? Most bamboo sheets can be washed in a washing machine. Wash them in cold water in a gentle cycle and dry in a low-level tumble dryer. Remove them from the dryer as soon as they are dry to maintain their shape.Q. How long do bamboo sheets last? Bamboo sheets can last about five years with proper maintenance and care. Care.

